

Age-Friendly Maple Grove

VOLUNTEER INFORMATION RESOURCE



Age-Friendly Maple Grove created this resource as part of its Community Connection and Volunteer event on Feb. 5, 2026. We hope that it helps connected interested community members with organizations who can put their time and talent to use – benefiting both the volunteer and the community.

AARP Minnesota

About	AARP is the nation's largest nonprofit, nonpartisan organization dedicated to empowering people 50 and older to choose how they live as they age.
Volunteer opportunities	<p>AARP Minnesota offers a wide range of volunteer opportunities, for example:</p> <ul style="list-style-type: none">• Serve as Community Ambassadors supporting events and sharing information about AARP's key issues• Become Fraud Fighters helping protect people from scams• Join the Grassroots Advocacy team to engage policymakers,• Assist visitors at the Mall of America Information Center,• Present workshops as part of the Speakers Team. <p>The time commitment varies by position, but it is no more than a few hours a month.</p>
For more information	Visit states.aarp.org/minnesota/volunteer-with-aarp-mn or email Jo Lewis at rjlewis@aarp.org .

Age-Friendly Maple Grove

About	We are a city-sponsored, community driven initiative to make the city of Maple Grove a better place to grow older. We launched in 2016 when the City of Maple Grove joined the World Health Organization/AARP Network of Age-Friendly States and Communities.
Volunteer opportunities	<ul style="list-style-type: none">• Attend a quarterly Community Connectors to learn about our work and contribute input and ideas, if desired. Meetings are typically virtual; all are welcome.• Join a domain team focused on an area such as housing, communications, or social and civic engagement.
For more information	Contact Liz Faust at efaust@maplegrovern.gov or 763-494-6514, or visit www.agefriendlymaplegrove.org .

CROSS Services

<p>About</p>	<p>Our mission is to meet basic needs and enhance the well-being of individuals and families in our community by providing essential food services along with compassionate supportive resources. We are a non-profit 501(c)(3) social services organization that supports Rogers, Maple Grove, Osseo, Corcoran, Dayton, and Champlin communities of Minnesota with additional services and referral support to help navigate financial hardship.</p>
<p>Volunteer opportunities</p>	<p>CROSS offers many volunteer opportunities, including helping at our food shelf with stocking, packing groceries, sorting food, greeting clients, etc. Shifts range from 1.5 to 3 hours. While it's not mandatory, we ask that our volunteers commit to a weekly shift Some roles require lifting 10-15 lbs.</p> <p>CROSS Services is located in Rogers, Minnesota.</p>
<p>For more information</p>	<p>Email Tracey Hellawell at tracey@crossservices.org visit www.crossservices.org.</p>

Gifts for Seniors

<p>About</p>	<p>Gifts for Seniors strives to alleviate the devastating adverse health impacts of loneliness and social isolation for over 9,000 older adults each year. Our inclusive programs provide life-affirming contact and equitable access to community resources for living and aging well. Our programs include:</p> <ul style="list-style-type: none"> • Gifts for Seniors - basic needs for living and aging well • Food for Seniors - hunger relief for those in need • Tech for Seniors - devices, affordable internet, and digital literacy education • Cards for Seniors - inspiring human connection one card at a time
<p>Volunteer opportunities</p>	<p>We have many opportunities available!</p> <ul style="list-style-type: none"> • Host a gift drive at your company, association, place of residence, etc. to support isolated older adults in need live and age well. • Create seasonal craft items for “day brightener” gifting. • Create or write cards with a personal note for isolated people. • Purchase gifts for the monthly social visits from our gift registries. • Sign up for a shift at our operations center in NE Minneapolis to help sort, bundle, wrap, and fulfill gift wishes for isolated older adults. Volunteer shifts are every Monday and Wednesday, 10 am -12 pm or 12 pm - 2 pm. • Tech for Seniors - assist as an “eldertech” volunteer to help older adults learn how to use technology to enhance their lives. • Become a member of the Gifts for Seniors Board of Directors!
<p>For more information</p>	<p>Visit www.giftsforseniors.org, Tech for Seniors (techforseniors.info), or contact John Schleis, Program Manager at coordinator@giftsforseniors.org.</p>

Maple Grove Farmers Market

About	The Maple Grove Farmers Market serves as a gathering place to purchase locally grown produce and home-made specialty foods. The market promotes and supports farmers and local agriculture, small businesses, healthy living and community interaction.
Volunteer opportunities	<p>Volunteer at the Market Information booth to assist customers in signing up and checking in for our Frequent Shopper and Power of Produce Kids Club Programs.</p> <ul style="list-style-type: none"> • Indoor markets are held during February, March, and April from 3-6pm on select Thursdays at the Community Center. • Outdoor markets are held every Thursday, 3-7pm, from May through October at the Community Center.
For more information	Visit https://www.maplegrovefarmersmarket.com/get-involved or email farmersmarket@maplegrovern.gov – or visit us in person!

Maple Grove Fire – Prevention Department

About	Our mission focuses on proactive risk reduction through education, inspections, code enforcement, plan reviews, and fire investigations to safeguard life and property, ensuring public safety by enforcing Minnesota State Fire Code and local ordinances . We provide fire safety training, manage system inspections, and issue permits to minimize fire hazards, aiming for an integrated, safe community.
Volunteer opportunities	<p>Maple Grove Volunteer Fire Corps Program is a nationally recognized program founded under the National Volunteer Fire Council. It provides an opportunity for individuals to serve their fire department in roles outside of firefighting or emergency medical services.</p> <p>Working alongside Maple Grove firefighters, volunteers perform functions such as education, senior smoke alarm program, community outreach, special events, training, data entry, grant writing and more.</p> <p>This opportunity is perfect for older adults with prior public service or anyone interested in learning more about emergency services. No prior experience or training is required.</p>
For more information	Visit www.maplegrovern.gov/747/Fire-Corps-volunteer-program or contact Shannon Burton, Deputy Fire Marshal by email at sburton@maplegrovern.gov , or by phone at 763-494-6096 (office) or 763-898-6438 (cell).

North Memorial Health System

About	Empowering our patients to achieve their best health. North Memorial Health provides primary care, urgent care, specialty care and emergency services to the Twin Cities metro area.
Volunteer opportunities	<p>North Memorial offers a variety of volunteer opportunities. This focuses specifically on the hospice companion role.</p> <p>Hospice Volunteer Companions:</p> <ul style="list-style-type: none"> • Provide support to hospice patients and their caregivers through the offering of an empathic, respectful, and observant presence. • Give the opportunity for patients and caregivers to engage in social activities, reminiscence, and processing of their end-of-life experience. • Notify hospice staff if there are questions/concerns about the patient’s care. <p>Detailed position description available by contacting Christine Page (below).</p>
For more information	Visit www.northmemorial.com/speciality/hospice or contact Christine Page, Volunteer Services, Hospice at (952) 256-3697 or christine.page@northmemorial.com .

Osseo Area School District

About	Osseo Area Schools serves eight communities; the district includes 17 elementary schools, four middle schools, three senior high schools, an area learning center, a 279Online school, early childhood centers, and special program sites. Our mission is to inspire and prepare each and every scholar with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in lifelong learning.
Volunteer opportunities	<ul style="list-style-type: none"> • <i>Classroom Assistant:</i> Interest in working with staff and students to support classroom learning. Timing: Flexible, weekly or monthly. • <i>Readers:</i> Read to students in small groups or 1:1 in classroom setting. Timing: Flexible, weekly or monthly. • <i>Event Assistant:</i> Assist at elementary school events such as turkey bingo, carnivals, reading parades, etc. Timing: Flexible, one time or ongoing. • <i>Office project work</i> – on site or take home: e.g. assembling, collating, die cuts, etc. – Timing: Flexible schedules - daytime or take-home. • <i>Field Trip Chaperone:</i> Support student field trips into community by accompanying staff and students, monitoring students while at site.
For more information	Contact the Volunteer Coordinator at the ISD 279 School you would like to volunteer at; find this information at www.osseoschools.org/community/volunteers

Senior Community Services

About	<p>Our mission is to Empower People as They Age.</p> <p>We provide a variety of supportive services for older adults and their caregivers and have been established since 1950. We specifically look for volunteers within our HOME Program and Technology Services. SCS serves Hennepin County along with several other counties in and around the metro area.</p>
Volunteer opportunities	<ul style="list-style-type: none"> • One-time and occasional opportunities are available for spring yard clean-up and fall leaf-raking. • Ongoing opportunities are available for home chores and maintenance like minor home repairs, snow shoveling, lawn mowing, and technology coaching.
For more information	<p>Visit https://seniorcommunity.org/volunteer/ or contact Mindy Anderson, Volunteer Coordinator at m.anderson@seniorcommunity.org.</p>

Three Rivers Park District

About	<p>Our mission is to promote environmental stewardship through recreation and education in a natural resources-based park system. Three Rivers operates 20 parks and 10 regional trails in five counties in suburban areas of the Twin Cities. Nearly seven million people visit Three Rivers facilities each year. It has over 27,000 acres of parks and trails.</p>
Volunteer opportunities	<p>Three Rivers has a variety of projects for volunteer to get involved in.</p> <ul style="list-style-type: none"> • Active, outdoor projects include Prairie Seed Collecting, Wildlife Monitoring, Garden and Plant Care, and Invasive Species Monitoring. • For those who enjoy working with the public, there is Program Assistant, Event Assistant, Outdoor Recreation Assistant and Park Patrol. There are projects for all ability levels.
For more information	<p>Visit https://www.threeriversparks.org/volunteers or email volunteer@ThreeRiversParks.org.</p>

Trellis

About	Our mission/focus is to assist individuals to age well and develop the capacity of communities to care for an aging population. Trellis is the Area Agency on Aging for the seven-county Twin Cities metro area.
Volunteer opportunities	Volunteer opportunities include: <ul style="list-style-type: none">• <i>Phone bank volunteers:</i> Answering Medicare calls on MN Aging Pathways phone line (MN Aging Pathways was formerly known as Senior LinkAge Line)• <i>Medicare Counselor:</i> 1:1 in-person assistance on Medicare• <i>Educational presenters:</i> Teaching an in-person or virtual class on topics such as preventing fraud and scams, Medicare and MN Aging Pathways resources• <i>Event tabling:</i> Attend community-based tabling events and educate attendees on MN Aging Pathways information and resources
For more information	Email volunteer@trellisconnects.org or visit our website to apply to be a volunteer! https://trellisconnects.org/volunteer-homepage/