ALZHEIMER'S \\ ASSOCIATION

Dementia Caregiver Support Groups in Maple Grove

Presented by the Alzheimer's Association Minnesota-North Dakota Chapter



Build a support system with people who understand.

Caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family, and friends to:

- Develop a support system
- Exchange practical information on caregiving challenges and possible solutions
- Talk through issues and ways of coping
- Share feelings, needs, and concerns
- Learn about community resources

First Thursday of each month

6:00 - 8:00 p.m.

Maple Grove Community Center 12951 Weaver Lake Rd, Maple Grove, MN 55369 Contact Deb Stock 612.940.4468

Second Monday of each month

5:30 - 7:00 p.m.

Arbor Lakes Senior Living

12001 80th Ave N, Maple Grove, MN 55369

Contact Deb Stock 612.940.4468

Second Wednesday of each month

10:00 - 11:30 a.m.

Maple Grove Community Center

12951 Weaver Lake Rd, Maple Grove, MN 55369

Contact Deb Stock 612.940.4468

Third Tuesday of each month

1:00 - 2:30 p.m.

Maple Grove Community Center

12951 Weaver Lake Rd, Maple Grove, MN 55369 Contact Jim Dalbey 612.709.6518

or Ginny Walker 763.424.5021