

Age-Friendly Maple Grove Leadership Team Meeting

November 12, 2021, | 8:30am-10:00am
Webex Meeting

MINUTES

Attendees: Liz Faust, Mark Carpenter, Marie Maslowski, Patty Anderson, Chuck Schwalbe, Cheryl Theuninck, Jane Warren, Jim Betzold, Joe Hogeboom, Councilmember Karen Jaeger, Kris Orluck, Lydia Morken, Lauren Carter, Jessi Kingston (Systems Director DEI at North Memorial Health)

SUBCOMMITTEE UPDATES

Community Support & Health Services – Patty Anderson/Marie Maslowski

- The CSHS team’s October meeting was the first since early 2021 not focused solely on work associated with the dementia grant AF MG received from Trellis. The team discussed how it would like to move forward and what it would like to concentrate on now.
- The team reconnected with the City’s fire department and will meet with a representative on 11/17. The CSHS team had a virtual meeting with two FD representatives in fall 2020 to discuss potential for collaboration. The upcoming meeting will focus on identifying areas for partnership that would have mutual benefit in supporting older residents
- The team is also pursuing Older Adult Mental Health First Aid—a course led by National Alliance on Mental Illness (NAMI) that North Memorial may help fund in order to raise awareness of older adult mental health. This was underway in late 2020 but paused due to lack of online curriculum needed to deliver the session virtually.
- Patty will be reaching out to CROSS to learn about what they are seeing in terms of older adults who receive CROSS’ services, particularly related to food and getting a baseline sense of need in this area.
- Marie will be writing an article for the AF MG website blog related to vaccines for older adults.

Transportation Update – Cheryl Theuninck

- Results from the bench audit soon will be on the AF MG website. Lydia suggested developing a one-page summary of the audit describing its purpose, the outcomes, and the benefits in order to more readily describe the purpose and value of the audit to the community. Mark indicated this would be easy to develop.
- The team is still working to connect with Mobility4All; “an accessible ride service providing hand-to-hand, door-thru-door service to all riders, especially seniors and people with disabilities” (according to the website).

Housing Update - Lydia

- Lydia presented to the City Council on the evening of October 18; Liz Faust and Cindy Heckler (Housing team members) also attended. The presentation summarized highlights from the housing brief produced by the housing team earlier this year.
- Housing For All held its annual bus tour on October 26, but this year the event was virtual. Lydia shared a brief presentation on AF MG including the top 3 recommendations from the housing brief. Cindy Heckler presented some information about Arbor Lakes Commons.
- Joe Hogeboom provided the following updates about housing from the City:
 - On Monday, Nov. 15, City staff will present to City Council to seek its endorsement of the development of two affordable senior housing buildings. The City owns a parcel at the intersection of Main Street and Weaver Lake Road and has been hanging on to it for some time. There has been the possibility of it being used as part of the community center redesign/expansion. However, it looks like the redesign will not require use of that parcel, and therefore the City may develop an affordable senior housing building on that site. It has discussed the idea with CommonBond Communities. This would be a simple project in the sense that the City already owns the land. Once there is clearance and the land is free, the project could be fast-tracked. The City also owns land to the northeast of this intersection, and is considering affordable senior housing there as well. Great central locations that are close to amenities.
 - In order to finance the property, the City anticipates selling some land to a market-rate developer and use that money to finance the affordable development.
 - Usually for senior housing the City uses the 30% income (renters pay 30% of their income) threshold because they are on fixed incomes, but it's TBD at this point. The City is in a better position in this case because it already owns the land.
 - An application also just came in for a 152-unit senior housing building near Menard's on Lawndale Lane. There may be an affordability component to it.
 - Another new senior housing project, Village at Arbor Lakes is about two years out. That will include independent living, assisted living, and memory care.
 - The City is also in early discussions with a developer who wants to do an end-of-life/hospice center.

Additional development:

- Rental townhomes going before City Council on Monday (11/15) night. It includes 200 units of villas and townhomes on 105th Avenue, north of 610.
- Evanswood is a huge development planned for just south of the Hindu temple—227 single-family homes, 138 townhomes. They have been doing a lot of master planning in this area.

Civic and Social Involvement Update – Liz

- Liz recently learned that North Memorial Health has additional funds to donate by the end of the year. She is hoping some of that funding could be used to double the size of the intergenerational garden that launched this past summer due to the great success of that program. Funds could be used to purchase additional raised garden beds, some irrigation equipment, etc. This syncs with North Memorial’s focus on healthy aging as a top priority that emerged from its last Community Health Needs Assessment. Unlike some Parks & Rec programs, the garden is a free program and so donations are especially helpful.

Communication Update - Tim

- In Tim’s absence, a brief update was shared concerning website analytics; traffic similar to last month. Lydia reported that Facebook followers continue to grow in number and that she and Liz have a good system of tag-teaming their posts and have been getting good response and exposure.

COMMUNITY NEEDS ASSESSMENT PLANNING - Lydia

- AF MG will undertake its second community needs assessment next year as part its second cycle of work through the AARP Network of Age-Friendly States and Communities framework.
- Lydia shared a document (attached separately) laying out likely elements of AF MG’s upcoming community needs assessment. Major elements of information gathering will include input from community members, key partners/stakeholders, and City staff, supplemented with existing data from several sources.
- The LT suggested additional partners to engage and considerations concerning outreach to community members.
- Lydia requested that LT members consider whether they are interested in participating in an ad hoc committee to lead the community needs assessment process, and that next month she will present a rough timeline and outline of budgetary considerations for the work.
- Lydia suggested to Jessi Kingston that AF MG and North Memorial somehow collaborate or connect related to AF MG’s needs assessment and the hospital’s Community Health Needs Assessment, conducted every three years. Jessi noted that Community Engagement Action Teams (CEAT) have kicked off and that there will be partnership opportunities.

Co-Chair/Communications Chair Discussion

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- Liz talked about the need for an AF MG co-chair as of January 1st and a Communications Subcommittee Chair immediately.
- Mark shared the AF MG Initiative Structure document (attached) and showed the co-chair and committee chair duties.
- If anyone is interested in either position, please contact Liz.

OTHER NEWS AND UPDATES

Rotary Club – Jim Betzold

- Rotary Gala is 11/13. It will be virtual this year and is free to attend.
- The STRIVE program is going well – great participation by Bethel College students.
- Rotary is very busy, including recent buckthorn removal.

CROSS – Pat Schwalbe:

- Pat and a few volunteers set up holiday toy shop yesterday. People interested in supporting it can use an Amazon shopping link and the items will be sent straight to CROSS. Pat sent the flier to Liz for posting on Facebook if interested. Sent to Liz the toy drive flier with Amazon shopping link and people could shop directly from that. Post on Facebook.
- It is also Give to the Max time. CROSS will accept matching funds through the end of November. There are some great sponsors this year.
- CROSS remains in full force serving people; haven't missed a beat during the pandemic and they just keep going. They are concerned but ready for the fallout related to unemployment benefits running out and the eviction moratorium expiring, as CROSS always gets hit hard after these temporary government assistance programs run their course.
- It is helpful for CROSS to know about new potential affordable senior housing (and any new affordable housing) coming into the city as it relates to people who might need transportation to CROSS for food or otherwise. CROSS could use a new vehicle, such as a van with a lift, etc., to transport people as well as food. They want to remain in the loop on affordable housing development.
- Lastly, a shout out to toy shop Dec 1-22 – it takes about 75 volunteers and roster is filled!

North Memorial – Lauren Carter

- Checked with Deb Scheid and will be checking on NAMI Older Adult Mental Health First Aid course as a possibility for the CSHS team to pursue.
- As Jessi mentioned, there is a new staff person coming soon and that person could be a good link related to the North Memorial CHNA and AF MG's upcoming community needs assessment.

City of Maple Grove – Joe Hogeboom

- Nautical Bowls is coming in near Starbucks, and another one near the hospital
- Max's on Main – new pub opening in a week from today in the former Claddagh's space on Main Street,
- Dunkirk Lane and Lawndale Lane going to be renamed Maple Grove Lane

City of Maple Grove, Parks & Rec - Liz:

- MG Lions and MG Seniors Craft Committee have annual craft sale tomorrow (11/13), from 9am-4pm community center, a fundraiser for seniors.
- Liz will be sharing a program report next week for the Park Board. Each year one P&R program staff develops a report on the previous year's work and shares it with

the Park Board; she will be presenting on work in 2020. An interesting and impressive look at what was done during and despite COVID-19.

Next Meeting Date – December 10, 2021