

**Age-Friendly Maple Grove
Leadership Team Meeting**
September 8, 2023 | 8:30am-10:00am
Via Webex

MINUTES

Attendees: Sarah Adams, Byron Byraiah, Gabrielle Clark, Liz Faust, Joe Hogeboom, Sharon Holden, CM Kristy Janigo, Carrie McLachlan, Lydia Morken, Deb Stock, Cheryl Theuninck, Jane Warren

City Updates - Joe:

- Experience Maple Grove, Maple Grove's tourism organization, is participating in the *2023 Ride to End ALZ – Minnesota* on October 14. The ride includes Elm Creek Park Reserve.
- The city is adapting rules around smoking in city parks, related to recent legislative changes around marijuana and considering how that impacts city life. There will be no smoking of any kind in city parks. City has been fielding a lot of questions about these changes.
- There are also changes to landscape requirements; trying to promote more earth-friendly yard-scapes instead of traditional lawns. The new rules place less emphasis on lawns. Arbor Committee will be working on this, and the Mayor's Monarch Pledge will support this, too.
- Garland Commons, the new subsidized senior apartment building (behind Menard's) is under construction; will likely open a year from now.
 - The process for potential residents: property usually opens up a leasing office about six months before it the building is ready to occupy. At that time, you can apply and, if you meet income requirements, you can get on the list.
 - There will be about 150 units and the affordability levels are around 50-70% AMI.
- Staff are working on potential affordable senior housing at the site by the arboretum (Fernbrook/Cty Rd 30). Will be giving update to City Council on this soon. Not sure what the design of the building(s)/home(s) would be yet; different options have been considered.
- There are a number of single family lots owned by city scattered around Maple Grove. Looking to see what could be developed on those lots. One possibility is working on a veterans-related project.

- Working with Experience Maple Grove to get Ice Castles to come to MG this winter (it has been in New Brighton in recent years). Council still has to approve some of this. Trying to work out a deal so that neighbors would get free passes, which would include Silver Creek on Main and Arbor Lakes Commons.
- Broke ground recently on new Hwy 610 work. Senators Tina Smith and Amy Klobuchar and Gov. Walz were there.
- *Question re status of Lifetime Fitness:* City hopes that LF will stay in MG but move to different location; still TBD.

Update on Action Plan Development

- Lydia shared some draft content from the new action plan, including three new “pillars” and associated domains. This would be a new structure compared to the first action plan. She walked through the elements of each pillar/domain.
- The draft will be sent to LT members later this month for initial input.

Team Updates

Maple Grove Library

- Adult Services
 - New weekly crafting program that draws many older people – weekly thing we have going on just getting back to more consistent programming.
 - New writing project – a multi-week program.
 - Legacy program through Hennepin County Library – S. Hughes, a guitarist – talk about history about rock and roll from 60s and 70s
- Library can be pretty flexible to some degree – if we find we need something specialized or something different – esp on DEI stuff – we just want to make sure it’s obvious that we’re here.
- Osseo Library – going staffless next week. Lower volume there – couldn’t support a librarian anymore.

Deb Stock – Caregiver Support Groups and Memory Cafe:

- Busy caregiver support groups and memory café. Full house; numbers remain high.

Sarah Adams/Trellis:

- Volunteer and Outreach Team colleagues do many presentations on open enrollment and Medicare. This is a great resource; you can request presentations.

Carrie McLachlan: North Memorial/Maple Grove Hospital

- Trauma-informed care symposium coming up on Oct. 6.
 - Free to attend, funded by the NM Foundation. Brooklyn Park has volunteered facilities.
 - It is aimed at NM team members and community members.
 - Really good speakers – aimed at orgs looking at trauma-informed and/or small business people who are in healing professions – like LLCs working on wellness and healing

- Capped at 150 people.
- Continue to focus on black women/breast cancer – lower incidence but highest death rate. Doing a big push on this. If you know a black woman who has had breast cancer – would love to know for a focus group.

Liz – Parks & Rec:

- Fall programs up and running – looking great. High participation rates. Really nice to see. Things looking best they've looked since COVID.
- Intergenerational garden – still continuing. Most produce has been harvested. Good participation – some people come every week, some come at off times on their own. Usually at least a dozen people come to the weekly meet-ups.

Byron Byraiah, Hindu Temple:

- End of next month will be groundbreaking for education and cultural center on the campus.
- New campus will include cultural language classes, dance, music, etc. Also, there will be an auditorium for about 500 people for various activities, and a museum for artifacts.
- Construction will be 1-2 years – need to get craftsmen from India.

Recognition for 5-year cycle completion – AARP

AARP MN reached out about recognizing AF MG for completing its first five-year cycle of the age-friendly program framework. We will continue to work with the Leadership Team and AARP to figure out the right approach to this.

Age-Friendly Conference & Exchange event – Lydia

- Age-Friendly MN is planning its first event, coming up Sept. 27-29. Days 1 & 2 (Sept. 27 and 28) will be a virtual conference with various presentations – mornings featuring AFMN speakers, and afternoon featuring AARP Livability conference speakers.
- Day 2 involves seven, simultaneous in-person events around the state. The metro event will be held at the MN Humanities Center. One of the main goals is to gather input related to development of the first Multi-Sector Blueprint on Aging.
- More information can be found [here at the conference website](#). Free to attend, open to all. All sessions will be available to view online after the event.

The next meeting will be held on Friday, October 13, 2023.