

## Maple Grove Memory Café

Maple Grove Community Center

12951 Weaver Lake Road, Maple Grove MN

## Third Friday of every month, 10:00 am – 11:30 am

Join us at the Maple Grove Memory Café. The memory café is a social gathering for individuals diagnosed with early to midstage dementia, mild cognitive impairment or concerns about memory and their loved ones (family, friends or care providers). It is a safe environment, free of judgment and supportive; where the person and her/his loved one can enjoy socializing with others who are in a similar situation. It is NOT a drop off care option. Individuals who attend need to be self-sufficient in their self-care (toileting, feeding, and mobility). Activities may include card games, music, crafts and having fun. Light refreshments will be available.

You may, also, contact the Maple Grove Senior Center (763-494-6500) or Deb Stock, Memory Café Coordinator (612-940-4468).